

Norway and Lapland

MAY 8 – 23, 2020



Presented by

**GLP Worldwide for
University of Alberta
Alumni and Friends**

*Travel for
Travellers*
BY GLP WORLDWIDE

UNIVERSITY OF ALBERTA
ALUMNI

Dear Fellow Alumni & Friends,

Join us on an adventure to Lapland — home of the Sami, the indigenous people of northern Scandinavia.

On our journey, we will experience Norway's beautiful fjords, charming ports and rare wildlife before venturing into northern Finland. Enjoy the opportunity to visit exclusive ports of call with Hurtigruten, a company that has sailed the Norwegian coast since 1893.

Named "the world's most beautiful voyage" by Lonely Planet, this trip will take us along Norway's stunning coastline and into the Arctic Circle. Cruise past majestic mountains, explore remote but welcoming towns, enjoy unique excursions and savour fresh local foods from Norway's coastal kitchen. Along the route, local expedition leaders have a single mission: to enhance your experience by leading activities and interpreting the cultural and natural treasures you will see during your journey.

We'll visit cities like Bergen, Alesund and Trondheim before we cross the polar circle and sail into Tromso. We continue further north and explore Ivalo in northern Finland as well as the country's historic centre – Helsinki.

I invite you to join us for a voyage filled with spectacular nature and experiences. It will be a treat for all your senses.

For more information or to make a reservation, please contact GLP Worldwide at 1-866-760-1987 or alumni@glpworldwide.com.

Sincerely,



*Colleen Elliott, '94 BEd
Manager, Education and Special Events
Office of Alumni Relations*



FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY INFORMATION ACT (FOIPP)

The personal information requested on this form is collected under the authority of Section 33(c) of the Alberta Freedom of Information and Protection of Privacy Act and will be protected under Part 2 of that Act. It will be used for the purpose of alumni engagement and philanthropic activities. Questions concerning the collection, use or disclosure of this information should be directed to the FOIPP Liaison Officer, Office of Advancement, University of Alberta, 3-501 Enterprise Square, 10230 Jasper Avenue, Edmonton, AB, T5J 4P6, (780) 492-7400.

ITINERARY

NORWAY AND LAPLAND

MAY 8 – 23, 2020



Trondheim, Norway

DAY 1 | MAY 8 | TORONTO – OSLO

Overnight flight from Toronto to Oslo.

DAY 2 | MAY 9 | ARRIVE OSLO (D)

On arrival, transfer to the hotel. The remainder of the day is at leisure.

DAY 3 | MAY 10 | OSLO (B,L)

Enjoy a morning sightseeing tour by private motorcoach. Highlights include the Royal Palace, the Parliament Buildings, Oslo Cathedral, the Akershus Fortress and City Hall. You have the opportunity to visit the Viking Ship Museum and the Kontiki Museum.

DAY 4 | MAY 11 | OSLO – BERGEN (B,L,D)

After breakfast, travel by train to the town of Myrdal then board the scenic Flåm Railway which takes you on a spectacular journey to Flåm. From there, take an awe-inspiring express boat trip along the Sognefjord, Norway's longest and deepest fjord, and into Bergen.



Akershus Fortress, Oslo

Norway and Lapland

DAY 5 | MAY 12 | BERGEN (B,D)

This morning, enjoy a walking tour of Bergen, the second largest city in Norway. Admire the venerable King Haakon's Hall, the Rosenkranz Tower, and Bryggen – a row of Hanseatic timbered houses with characteristic pointed gables facing the harbour – and the bustling Fish and Flower Market, the City Park, and the Grieghall, the concert hall of Bergen. The rest of the day is at leisure.



Flåm Railway

DAY 6 | MAY 13 | BERGEN | EMBARKATION (B,D)

The morning is at leisure, then transfer to the pier to join your expedition ship for an incredible voyage through the Norwegian Fjords. This evening, sail north from Bergen along the Hjeltefjord, the same route the Vikings once plied to the Shetland Islands and beyond. We are heading to the High North. Spend the rest of the evening relaxing as you admire the spectacular landscapes.

DAY 7 | MAY 14 | A DAY FOR ARCHITECTURAL & NATURAL MASTERPIECES (B,L,D)

Location: Florø – Molde

This morning, view Mount Hornelen which stands 860 metres above sea level. Cruise past the West Cape and cross the open sea for the first time on this voyage, before navigating through skerries and islands to reach Ålesund.



Sea Eagle Safari

Included meals: B – breakfast, L – lunch, D – dinner



Sami people in Lapland

DAY 8 | MAY 15 | DISCOVER MEDIEVAL SPIRIT IN THE OLD CAPITAL (B,L,D)

Location: Kristiansund – Rørvik

Cruise into Trondheim and discover its mystical architecture and surroundings. Included is a tour of the Ringve Museum, featuring musical instruments from several eras, and the Nidaros Cathedral, Norway's largest cathedral.

DAY 9 | MAY 16 | WELCOME TO THE ARCTIC REGION! (B,L,D)

Location: Brønnøysund - Svolvær

Today we cross the Arctic Circle. See Norway's second largest glacier, Svartisen, and the beautiful Helgeland coast. The sight of the 1,000 metre-high mountain of Lofotveggen on the horizon marks our arrival into Lofoten.

DAY 10 | MAY 17 | FEELING LIKE A POLAR HERO (B,L,D)

Location: Stokmarknes – Skjervøy

Today we approach Tromsø, the capital of the Arctic. During our sightseeing tour, we pass the Arctic Cathedral with its magnificent stained glass window, then ascend a nearby mountain by cable car to enjoy the spectacular view from the top.

DAY 11 | MAY 18 | AT THE TOP OF THE WORLD – NORTH CAPE (B,L,D)

Location: Øksfjord – Berlevåg

Our excursion in Honningsvåg takes you on a cultural walk through the town. Later, sail to the port of Kjøllefjord before our ship continues past the North Cape – one of the northernmost points on the European continent.

DAY 12 | MAY 19 | KIRKENES | DISEMBARKATION – IVALO (B,L,D)

The vistas become more dramatic as we approach Kirkenes to disembark. Then transfer to the hotel in Ivalo by coach.

DAY 13 | MAY 20 | IVALO (B,L)

This morning travel to Siida Sami Museum, located in the heart of the village of Inari. The museum focuses on Sami and northern

Lapland culture and nature. The journey continues at a reindeer farm where you'll experience reindeer feeding, learn about Sami culture from a local guide, and have time to take photos with the reindeer.

DAY 14 | MAY 21 | IVALO - HELSINKI (B,D)

After breakfast, transfer to the airport for our flight to Helsinki.

DAY 15 | MAY 22 | HELSINKI (B,L,D)

During a morning tour of the Finnish capital, admire the major sights such as the Rock Church, the Senate Square surrounded by the Lutheran Cathedral of Helsinki, the Senate, the University and Library of Helsinki, the Sibelius monument, the Olympic stadium, and the new Opera House. The afternoon is at leisure.

DAY 16 | MAY 23 | HELSINKI – TORONTO (B)

Transfer to the airport for the return flight home.



Helsinki, Finland



SHIP INFORMATION



MS NORDKAPP

Named after the northernmost point on mainland Europe: North Cape (71°N).

- Year built: 1996
- Refurbished: 2016
- Passenger capacity: 590
- Cabins: 215
- Length: 404 ft. (123 m)
- Gross tonnage: 11,386



Explorer Lounge & Panorama bar



Kysten Arctic Fine Dining Restaurant



Arctic Superior Cabin

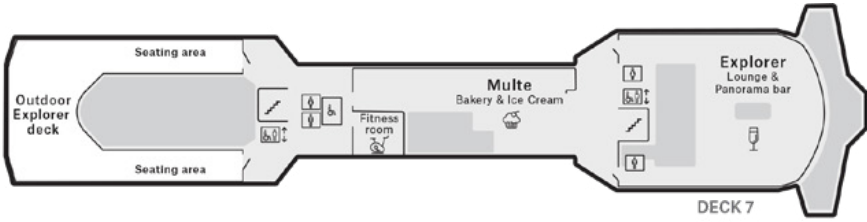
INCLUSIONS

- Economy class air ticket from Toronto to Oslo and return from Helsinki to Toronto
- Domestic flight within Finland
- Air carrier imposed fees and surcharges
- Two nights hotel in Oslo
- Two nights hotel in Bergen
- Two nights hotel in Ivalo
- Two nights hotel in Helsinki
- Transfers, tours and meals as indicated in the itinerary
- Full board and complimentary tea and coffee on board the MS Nordkapp
- Gratuities for included guides, drivers and meals

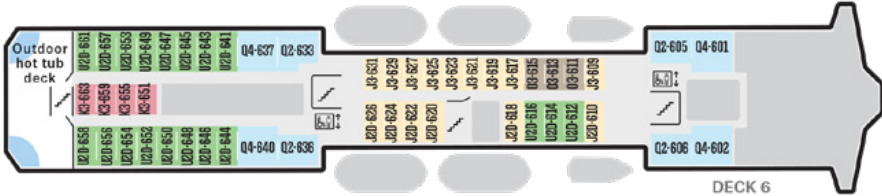
LECTURE ON BOARD

- History: Polar history, Pomor-trade, fisheries, Vikings, etc.
- Geology: Fjords, landscape and glaciers
- Natural phenomena: Aurora Borealis, climate, etc.
- Culture: Sami culture, cultural history, myths and legends, literature
- Norway Today: Industry, settlements, "friluftsliv" traditions, flora & fauna, etc.
- Various other topics based on each expedition member's specialty

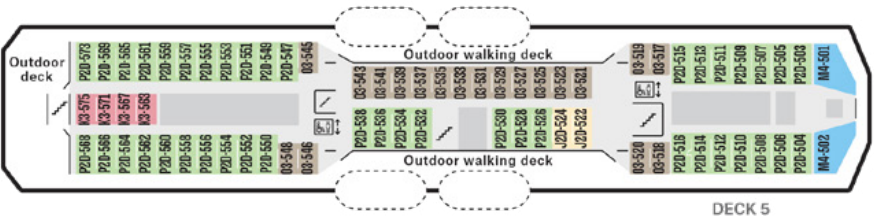
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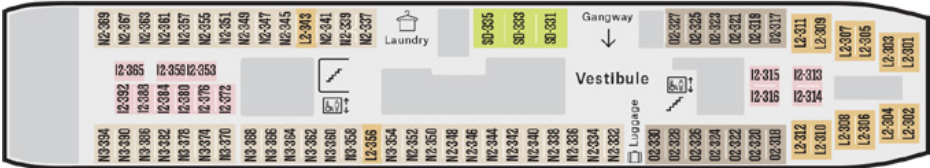
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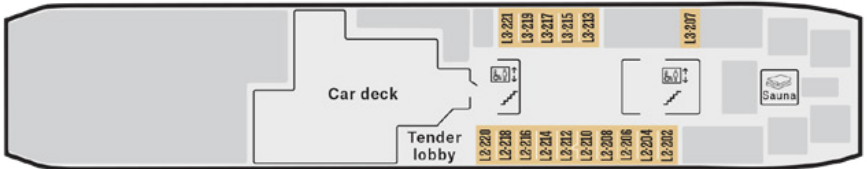
DECK 5



DECK 4



DECK 3



DECK 2

EXPEDITION SUITES

M Suite

Q Mini suite

ARCTIC SUPERIOR

P Outside cabin

U Outside cabin

POLAR OUTSIDE

O Outside cabin

N Outside cabin

SD Outside cabin

L Outside cabin

J Outside cabin

POLAR INSIDE

K Inside cabin

I Inside cabin

PRICING & TERMS

CABIN CATEGORY	DOUBLE OCCUPANCY	SINGLE OCCUPANCY
Category I	CAD 9,830 per person	CAD 12,350 per person
Category L	CAD 10,150 per person	CAD 12,910 per person
Category N	CAD 10,400 per person	CAD 13,340 per person
Category O	CAD 10,560 per person	CAD 13,620 per person
Category P*	CAD 10,620 per person	CAD 13,720 per person
Category U*	CAD 11,050 per person	CAD 14,480 per person

* These cabins have double beds instead of two separate beds. This bed cannot be separated. All single cabins are by request only and cannot be confirmed without passenger names. All name changes are on a request basis. If allowed, there will be a charge of CAD 110 per person for name changes (excluding name changes due to marital status). Hurtigruten reserves the right to treat a name change request as a cancellation and a new booking. In this case, the cancellation charges will apply.

DEPOSITS AND PAYMENTS

DEPOSIT: CAD 720 per guest for double occupancy at the time of booking
CAD 1,280 per guest for single occupancy at the time of booking

FINAL PAYMENT: Due on January 9, 2020

Passenger names received by GLP/Hurtigruten are considered sold and subject to cancellation charge outlined below, regardless if payment has been received.

Note: 1. Passenger names must match passport.
2. Please ensure that passports are valid up till after six (6) months at last destination.

CANCELLATION CHARGES ON CRUISE & LAND

From time of booking to 121 days prior to departure:	CAD 500 per person
120-90 days prior to departure:	25% of total price
89-60 days prior to departure:	35% of total price
59-28 days prior to departure:	65% of total price
27-15 days prior to departure:	95% of total price
Within 14 days of departure:	100% of total price

Refunds will not be applied for passengers who fail to participate in the journey or do not complete the journey. Cancellation charges will apply regardless of Hurtigruten's ability to rebook the cancelled cabin. Partial cancellation will result in the application of the above penalties to the persons who have cancelled and the remaining passengers being charged the applicable prices for the revised number of passengers in the cabin. AIR CANCELLATION PENALTIES ARE SUBJECT TO AIRLINE REGULATIONS.

We strongly recommend the purchase of trip cancellation or comprehensive travel insurance at the time of booking. Please contact GLP Worldwide for a quotation.

Prices above are in Canadian Dollars. The cruise and all related travel services described herein are subject to the detailed terms & conditions of GLP Worldwide which are available at any time upon request and which will be provided with your booking confirmation.

ASSOCIATION DISCLAIMER

University of Alberta will not be responsible for the financing, the arranging, or the conducting of these tours. They assume no liability or responsibility for damages or financial loss to person howsoever arising from the acts, omissions or otherwise of travel services arranged through GLP Worldwide. Refer to the General Terms and Conditions established by GLP Worldwide with respect to participating in this tour.



OFFICE OF ALUMNI RELATIONS

1-050 Enterprise Square
10230 Jasper Avenue
Edmonton, AB T5J 4P6 Canada

UPCOMING INFO SESSION! CALL IN TODAY TO REGISTER NOW! **1-866-760-1987**

OTHER ALUMNI PROGRAMS AVAILABLE:

African Explorer

January 28 – February 15, 2021

From Johannesburg to Windhoek to Cape Town.



Israel, Egypt & Jordan

November 23 – December 9, 2020

From Tel Aviv to Aqaba to Dead Sea.



*Travel for
Travellers*

BY GLP WORLDWIDE

CONTACT GLP WORLDWIDE AT

26 – 1211 Denison Street, Markham, ON. L3R 4B3
1-866-760-1987 | Monday – Friday | 9:00 AM – 6:00 PM
travelfortravellers.com