

Norway and Lapland

MAY 8 – 23, 2020



Presented by

**GLP Worldwide for
Western University
Alumni and Friends**

*Travel for
Travellers*
BY GLP WORLDWIDE

Western
UNIVERSITY · CANADA



Dear Alumni & Friends,

Join us on an adventure to Lapland - home of the Sami; the indigenous people of northern Scandinavia.

On our journey, we will experience Norway's beautiful fjords, charming ports and rare wildlife before venturing into northern Finland. On board the MS Nordkapp we will travel to places no other cruise ships can access.

Hurtigruten has explored the Norwegian coast since 1893 - it is the original coastal voyage. Go where no one else goes, with a crew and ship that have Scandinavia in their DNA.

Named "the world's most beautiful voyage" by Lonely Planet we will sail along Norway's stunning coastline, crossing into the Arctic Circle. Cruise past majestic mountains and breathtaking fjords, explore remote but welcoming towns, embark on once-in-a-lifetime excursions and savour 'Norway's Coastal Kitchen' prepared from fresh local produce. Along the route, dedicated expedition leaders have a single mission: to enhance your experience by leading activities and interpreting the cultural and natural treasures you will see during your journey.

Visit cities like Bergen, Alesund, and Trondheim, before we cross the Polar Circle and sail into Tromso. We continue further north and explore Ivalo in Northern Finland as well as the historic centre of Finland - Helsinki.

I invite you to join us for a voyage filled with spectacular nature and experiences. It will be a treat for all your senses.

For more information or to make a reservation, please contact GLP Worldwide at 1.866.760.1987 or alumni@glpworldwide.com.

Sincerely,



Susan Henderson, BMusA'77
Western Alumni Discover the World
800-258-6986 or 519-661-211 ext 85871
discovertheworld@uwo.ca



Your privacy is important to Western. Your personal information is never released to our travel partners. If you prefer not to receive future mailings, either call 1-800-258-6896 or email advser@uwo.ca or send a note to Advancement Services, Westminster Hall, Suite 260, Western University, London ON N6A 3K7.

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NORWAY AND LAPLAND

MAY 8 – 23, 2020



Trondheim, Norway

DAY 1 | MAY 8 | TORONTO – OSLO

Overnight flight from Toronto to Oslo.

DAY 2 | MAY 9 | ARRIVE OSLO (D)

On arrival, transfer to the hotel. The remainder of the day is at leisure.

DAY 3 | MAY 10 | OSLO (B,L)

Enjoy a morning sightseeing tour by private motorcoach. Highlights include the Royal Palace, the Parliament Buildings, Oslo Cathedral, the Akershus Fortress and City Hall. You have the opportunity to visit the Viking Ship Museum and the Kontiki Museum.

DAY 4 | MAY 11 | OSLO – BERGEN (B,L,D)

After breakfast, travel by train to the town of Myrdal then board the scenic Flåm Railway which takes you on a spectacular journey to Flåm. From there, take an awe-inspiring express boat trip along the Sognefjord, Norway's longest and deepest fjord, and into Bergen.



Akershus Fortress, Oslo

Norway and Lapland

DAY 5 | MAY 12 | BERGEN (B,D)

This morning, enjoy a walking tour of Bergen, the second largest city in Norway. Admire the venerable King Haakon's Hall, the Rosenkranz Tower, and Bryggen – a row of Hanseatic timbered houses with characteristic pointed gables facing the harbour – and the bustling Fish and Flower Market, the City Park, and the Grieghall, the concert hall of Bergen. The rest of the day is at leisure.



Flåm Railway

DAY 6 | MAY 13 | BERGEN | EMBARKATION (B,D)

The morning is at leisure, then transfer to the pier to join your expedition ship for an incredible voyage through the Norwegian Fjords. This evening, sail north from Bergen along the Hjeltefjord, the same route the Vikings once plied to the Shetland Islands and beyond. We are heading to the High North. Spend the rest of the evening relaxing as you admire the spectacular landscapes.

DAY 7 | MAY 14 | A DAY FOR ARCHITECTURAL & NATURAL MASTERPIECES (B,L,D)

Location: Florø – Molde

This morning, view Mount Hornelen which stands 860 metres above sea level. Cruise past the West Cape and cross the open sea for the first time on this voyage, before navigating through skerries and islands to reach Ålesund.



Sea Eagle Safari

Included meals: B – breakfast, L – lunch, D – dinner



Sami people in Lapland

DAY 8 | MAY 15 | DISCOVER MEDIEVAL SPIRIT IN THE OLD CAPITAL (B,L,D)

Location: Kristiansund – Rørvik

Cruise into Trondheim and discover its mystical architecture and surroundings. Included is a tour of the Ringve Museum, featuring musical instruments from several eras, and the Nidaros Cathedral, Norway's largest cathedral.

DAY 9 | MAY 16 | WELCOME TO THE ARCTIC REGION! (B,L,D)

Location: Brønnøysund - Svolvær

Today we cross the Arctic Circle. See Norway's second largest glacier, Svartisen, and the beautiful Helgeland coast. The sight of the 1,000 metre-high mountain of Lofotveggen on the horizon marks our arrival into Lofoten.

DAY 10 | MAY 17 | FEELING LIKE A POLAR HERO (B,L,D)

Location: Stokmarknes – Skjervøy

Today we approach Tromsø, the capital of the Arctic. During our sightseeing tour, we pass the Arctic Cathedral with its magnificent stained glass window, then ascend a nearby mountain by cable car to enjoy the spectacular view from the top.

DAY 11 | MAY 18 | AT THE TOP OF THE WORLD – NORTH CAPE (B,L,D)

Location: Øksfjord – Berlevåg

Our excursion in Honningsvåg takes you on a cultural walk through the town. Later, sail to the port of Kjøllefjord before our ship continues past the North Cape – one of the northernmost points on the European continent.

DAY 12 | MAY 19 | KIRKENES | DISEMBARKATION – IVALO (B,L,D)

The vistas become more dramatic as we approach Kirkenes to disembark. Then transfer to the hotel in Ivalo by coach.

DAY 13 | MAY 20 | IVALO (B,L)

This morning travel to Siida Sami Museum, located in the heart of the village of Inari. The museum focuses on Sami and northern

Lapland culture and nature. The journey continues at a reindeer farm where you'll experience reindeer feeding, learn about Sami culture from a local guide, and have time to take photos with the reindeer.

DAY 14 | MAY 21 | IVALO - HELSINKI (B,D)

After breakfast, transfer to the airport for our flight to Helsinki.

DAY 15 | MAY 22 | HELSINKI (B,L,D)

During a morning tour of the Finnish capital, admire the major sights such as the Rock Church, the Senate Square surrounded by the Lutheran Cathedral of Helsinki, the Senate, the University and Library of Helsinki, the Sibelius monument, the Olympic stadium, and the new Opera House. The afternoon is at leisure.

DAY 16 | MAY 23 | HELSINKI – TORONTO (B)

Transfer to the airport for the return flight home.



Helsinki, Finland



SHIP INFORMATION



MS NORDKAPP

Named after the northernmost point on mainland Europe: North Cape (71°N).

- Year built: 1996
- Refurbished: 2016
- Passenger capacity: 590
- Cabins: 215
- Length: 404 ft. (123 m)
- Gross tonnage: 11,386



Explorer Lounge & Panorama bar



Kysten Arctic Fine Dining Restaurant



Arctic Superior Cabin

INCLUSIONS

- Economy class air ticket from Toronto to Oslo and return from Helsinki to Toronto
- Domestic flight within Finland
- Air carrier imposed fees and surcharges
- Two nights hotel in Oslo
- Two nights hotel in Bergen
- Two nights hotel in Ivalo
- Two nights hotel in Helsinki
- Transfers, tours and meals as indicated in the itinerary
- Full board and complimentary tea and coffee on board the MS Nordkapp
- Gratuities for included guides, drivers and meals

LECTURE ON BOARD

- History: Polar history, Pomor-trade, fisheries, Vikings, etc.
- Geology: Fjords, landscape and glaciers
- Natural phenomena: Aurora Borealis, climate, etc.
- Culture: Sami culture, cultural history, myths and legends, literature
- Norway Today: Industry, settlements, "friluftsliv" traditions, flora & fauna, etc.
- Various other topics based on each expedition member's specialty

PRICING & TERMS

CABIN CATEGORY	DOUBLE OCCUPANCY	SINGLE OCCUPANCY
Category I	CAD 9,830 per person	CAD 12,350 per person
Category L	CAD 10,150 per person	CAD 12,910 per person
Category N	CAD 10,400 per person	CAD 13,340 per person
Category O	CAD 10,560 per person	CAD 13,620 per person
Category P*	CAD 10,620 per person	CAD 13,720 per person
Category U*	CAD 11,050 per person	CAD 14,480 per person

* These cabins have double beds instead of two separate beds. This bed cannot be separated. All single cabins are by request only and cannot be confirmed without passenger names. All name changes are on a request basis. If allowed, there will be a charge of CAD 110 per person for name changes (excluding name changes due to marital status). Hurtigruten reserves the right to treat a name change request as a cancellation and a new booking. In this case, the cancellation charges will apply.

DEPOSITS AND PAYMENTS

DEPOSIT: CAD 720 per guest for double occupancy at the time of booking
CAD 1,280 per guest for single occupancy at the time of booking

FINAL PAYMENT: Due on January 9, 2020

Passenger names received by GLP/Hurtigruten are considered sold and subject to cancellation charge outlined below, regardless if payment has been received.

Note: 1. Passenger names must match passport.
2. Please ensure that passports are valid up till after six (6) months at last destination.

CANCELLATION CHARGES ON CRUISE & LAND

From time of booking to 121 days prior to departure:	CAD 500 per person
120-90 days prior to departure:	25% of total price
89-60 days prior to departure:	35% of total price
59-28 days prior to departure:	65% of total price
27-15 days prior to departure:	95% of total price
Within 14 days of departure:	100% of total price

Refunds will not be applied for passengers who fail to participate in the journey or do not complete the journey. Cancellation charges will apply regardless of Hurtigruten's ability to rebook the cancelled cabin. Partial cancellation will result in the application of the above penalties to the persons who have cancelled and the remaining passengers being charged the applicable prices for the revised number of passengers in the cabin. AIR CANCELLATION PENALTIES ARE SUBJECT TO AIRLINE REGULATIONS.

We strongly recommend the purchase of trip cancellation or comprehensive travel insurance at the time of booking. Please contact GLP Worldwide for a quotation.

Prices above are in Canadian Dollars. The cruise and all related travel services described herein are subject to the detailed terms & conditions of GLP Worldwide which are available at any time upon request and which will be provided with your booking confirmation.

Western University is not the Tour Operator and is not responsible for the operation of the tour; the Tour Operator is GLP Worldwide. Refer to the General Terms and Conditions established by the Tour Operator with respect to participating in this tour.



**ALUMNI RELATIONS & DEVELOPMENT
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Westminster Hall, Room 160
London, ON, Canada, N6A 3K7

UPCOMING INFO SESSION! CALL IN TODAY TO REGISTER NOW! **1-866-760-1987**

OTHER ALUMNI PROGRAMS AVAILABLE:

African Explorer **January 28 – February 15, 2021**

From Johannesburg to Windhoek to Cape Town.



Israel, Egypt & Jordan **November 23 – December 9, 2020**

From Tel Aviv to Aqaba to Dead Sea.



*Travel for
Travellers*

BY GLP WORLDWIDE

CONTACT GLP WORLDWIDE AT

26 – 1211 Denison Street, Markham, ON. L3R 4B3
1-866-760-1987 | Monday – Friday | 9:00 AM – 6:00 PM
travelfortravellers.com